

*Life doesn't happen to us,
it happens for us.* Byron Katie



Weekly Open Group Sessions of
The Work of Byron Katie

**7 - 9 pm Thursdays beginning August 7, 2008
2670 S. 20th E., Suite 250 - The Age Well Center, SLC**

Suggested Donation - \$15 - \$20

***Question the painful thoughts which constrict the heart and mind,
and discover inner peace.***

The Work will serve you if you are tired of suffering over anything and you really want to be free. Every week will be unique as we address new topics and aspects of our lives which pose challenges.

**RELATIONSHIPS- MONEY - CAREER - HEALTH – ADDICTIONS - UNFORGIVENESS -
RESENTMENTS - ANXIETY – DEPRESSION - AGING - DEATH - WAR - THE ECONOMY**

These group sessions are for those who are brand new to The Work www.TheWork.com as well as for long-time friends who simply love doing The Work, and enjoy sharing the experience and realizations it naturally generates with others.

Any stressful thought or circumstance is welcome here. And, feel free to participate the first few times (or more) by just watching, if that is most comfortable for you.

* Please arrive a few minutes early, bring your own water and a completed Judge Your Neighbor Worksheet www.thework.com/downloads/JudgeYourNeighbor.pdf - also available to fill out when you arrive. Parking in front. We will begin promptly at 7:00 pm. Latecomers please enter quietly.

Call Kathryn with any questions at **487-7621**, or email claritycoaching@msn.com .

Suffering is Divine Intervention. It keeps coming until I stop believing in it. - BK



Facilitated by Kathryn Dixon,
founder of **Clarity Coaching Institute**,
www.ClarityCoachingInstitute.com an international
coaching corporation, based in SLC. In addition
to working with clients and businesses, Kathryn is
a certified facilitator and mentor in Byron Katie's
Institute for The Work Certification Program, and
has been staff for many of Katie's 9-Day Schools
for The Work.

